

A successful return home



At Amerigroup Community Care, we believe it is important to ensure our members receive continued care in the community after discharge from a Psychiatric Inpatient Hospitalization.

Success starts with getting the correct information from the hospital. Here is a helpful checklist to discuss with the provider before discharge:

- Which medications do I need, and why were they prescribed?
- What should I do about the medication I was on before
- Do any of these new medications need prior approval?
- If so, can I get a copy of the approval?
- Can I have a copy of my safety/crisis plan? It should include:
 - 988 – Mental Health Crisis Line
 - Mental health GA Crisis and Access Line
 - Other supports I can reach out to
- Was information about my admission sent to my primary care provider (PCP) and mental health providers?
- Did the facility make aftercare appointments for me?
 - Appointment information should include the date, address, and phone number my provider.
 - One of my appointments should be with a mental health professional within seven days of my discharge.
 - I should also have a psychiatric appointment for medication management within 30 days of my discharge.

Why do I need this information?

It is important for you to have this information at your discharge to have a more successful return home. We want to make sure you are informed of what hospitals should be giving you each time you are discharged from a mental health admission.

What if I need help?

If you have questions about this communication, or have any other questions about your discharge information, call 24-hour Nurse HelpLine at **800-600-4441 (TTY 711)**. This service is available 24 hours a day, seven days a week. The number is also on your insurance card.